Summer 2016



For Directors of the NATIONAL LEAGUE OF JUNIOR COTILLIONSTM P.O. Box 240384, Charlotte, NC 28224 1-800-633-7947

Seasonal Newsletter

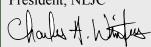
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Word from the President

The 2016 Convention is approaching, and I would like to personally extend an invitation to you. We are looking forward to sharing new and exciting ideas for you use in your chapter! This will be a wonderful opportunity for you to personally connect with our staff and other directors from all across the country. We will especially be focused on honoring our 10+ year directors. I look forward to seeing you.

Charles A. Winters President, NLJC



Connect with us!









Announcements:

- Convention is quickly approaching!
 Atlanta, Georgia Ritz Carlton Buckhead, June 24 & 25
- Check out latest NLJC Approved Top Hit Music.
- Next New Director Training is scheduled for August 2016.
- Connect with us on different forms of social media today!



What Junior Cotillion Means to Me



Essay Contest Winner for 2016

Sarah Watson

Easley Chapter

Director: Vivian Welkner

Prepared for Life

"For promotion cometh neither from the east, nor from the west, nor from the south. But God is the judge: he putteth down one, and setteth up another" (Psalm 75:6,7). This verse reminds me that God has a master plan. I don't know what I will become. My parents don't even know my future, but God does. As a young person, it is time to gain the skills I may need for the future. Its my job to prepare myself for things that might come.

I don't know what type of social settings I will be in the future, but I need to be prepared for any place that I might find myself. Knowing how to dance and behave at formal events will be valuable, but those aren't the only social settings I may find myself in. I could also be in a mission field where I would have to be very flexible. In Cotillion, flexibility is something that is taught and valued. The goal is to make others around you feel comfortable in all situations.

Cotillion can also help prepare me for my career. I recently spoke with a doctor who went to Cotillion. She said that she interviews others who want to be doctors. She said that she doesn't only look at their grades but she pays attention to how they act during the interview. Sometimes, you only have one interview with an employer so you want to leave a good first impression.

My final and most important reason for going to National Junior Cotillion is so that I'll be prepared to serve God and others. We need to have a servants heart, and we need to know how and when to serve. There are many people in the world who are in need. As Christians, we should do what we can to help them. That is one of my goals in life. Cotillion teaches me how to be comfortable approaching people, and how to make the person I am approaching comfortable. This will help me serve others.

I don't know where I may find myself, so I must be ready for anything. I will use these skills to conduct myself properly so that I will be ready for any job I may get. I will be ready to help others wherever I may be. Cotillion will help me be ready for whatever comes.



What Junior Catillian Means to Me Finalist



Anna-Kate Thompson

Hot Spring Chapter Director: Susan Humphries 'Twas the night before cotillion and all through my dreams,

Were fears and tears and even a scream!!

Learning to dance, chat and snack, no child should ever be worried 'bout

that??

Which fork to use, which hand to shake; So many decisions I'm having to make. When all of a sudden, there rose such thoughts: the wrongs, the rights, what if I fall? All these things running through my head; stand tall, smile big, curtsy and shake: no sir, yes

ma'am, Katy I am.

A walk, a dance, a bowl of punch; so much to learn just to have lunch.

But I'll remember all of this as I grow and learn....what a lovely experience to carry

on....

And after Cotillion when everyone's home, I feel safe and sure I'm in the zone. Cotillion instructions, demonstrations and more, are giving me confidence to open all doors.

Thank you, Junior Cotillion and Mrs. Humphries, for the best opportunity I could have ever imagined.



Lauryn Ellis

Three Rivers Chapter Director: Lou Ella Hobgood I've always been taught that the key to success is being a person of honest character and having integrity in everything that I do.

Being a part of cotillion has taught me how to be more confident in myself and has changed the way I approach things in my life.

Dancing was one of the first things I was taught. Dancing is one of those things that will always come in handy. I have always felt that I was a good dance. I dance at family gatherings and even take ballet classes. But then I was told I had to dance with a boy. I had never danced with a boy before and I wasn't very confident in myself. So the moment came when I finally had to partner dance; simply put, it was awkward, uncomfortable, and just weird. But as I kept going to cotillion practice and I have become more

comfortable and more confident in myself. I feel better about myself and now know how not to buckle under pressure.

I also have learned the proper way to greet others. I learned how to introduce myself, and how to introduce a friend to a person that they have never met. This was important to me because as I get ready to start a new school, I will need to know how to introduce myself to others and feel confident that I can do it. Knowing how to give a proper greeting is a sign of respect for others and shows that I care enough about them to greet them properly.

This entire experience has taught me more about myself and shown me that I can do anything if I put my mind to it. Cotillion has shown me how to stay committed to something, no matter how uncomfortable I may feel at first. I feel that I am stronger person and having these skills will benefit now and as I get older.

What Junior Catillian Means to Me Finalist



Sophia Toti
North Chapter
Director: Betsy Abbott

Allow me to start off by saying that I am an Army Brat. I have lived in seven different places, one being Germany. Every place that I have lived, had a different style of peo-

ple. Some with wonderful manners, and others that could be taught a few things! When I moved to Fayetteville and started my first class of Junior Cotillion, I was nervous and afraid of the fact that I might not be very good at it. Instead, I found dozens of other kids thinking and feeling the same way. Yet we all excelled throughout the classes and the next thing you know: We are some of the best mannered kids at our school! We are all polite and courageous. Two things that we built up in this wonderful class. So when you ask "What does Junior Cotillion mean to you?" I will tell you this: Junior Cotillion doesn't just mean manners and

dancing, it is much more than that. It takes strength, bravery, civility, and courage. And *that* is what Junior Cotillion means to me.



Scarlett Thompson

Loudoun Chapter Director: Jean Ann Michie

I love Cotillion I could do it every day, It teaches me manners and how to behave, It teaches me Honor, Respect, and Pride And most of all how to be kind, I get to meet new people and tell them about my life, And maybe I will learn something nice, Characteristics, Sweetness, and all above, But mostly how to love, Thanking and greeting each other nonstop. Then we get to do the Foxtrot. A dance where all is fun filled, With giggles and smiles that go on for miles, We demonstrate to show what we know, Then we all have a little show. The teachers are filled with joy, From every girl to every boy, And that is why Cotillion is great, If you don't do it you're making a big mistake.



What Junior Catillian Means to Me Finalist



Trey Thurman
Russellville Chapter
Joan Caughman

Have you ever had to shake more hands than you could count, wear a suit all day, or give a speech in front of more than 1,000 people? I

have, and cotillion has helped me more than I could've imagined. So, what does cotillion mean to me? It means winning Arkansas Junior Beta State President, and with a little help from this essay, the chance to run for National Beta President at the National Convention. The three things I believe handshake, and being able to talk in front of a large group of people.

Being comfortable in a suit, or at least looking like you are, is something acquired by attending Cotillion. Cotillion requires participants to dress up, and the more you do something the easier it becomes. I believe looking comfortable in my suit helped me get votes, and I wouldn't have

been comfortable without practice through Cotillion.

A good handshake is essential. First impressions are everything, and a handshake can make or break what a person first thinks of you. Cotillion provided a thorough lesson over handshakes, and we always close by shaking hands and thanking the chaperones that helped during that class. I shook lots of people's hands at Beta Convention and was complimented on my handshake by several adults.

Finally, the most important part in my opinion, was being able to give my speech in front of more that 1,000 people. Cotillion has bolstered my poise and confidence. It takes extreme confidence to give a speech in front of 1,000 people, and I'm not sure I could've done it without cotillion.



What Junior Cotillion Means to Me Konorable Mentions

Congratulations!

Judging the essays was thoroughly enjoyable, although somewhat difficult, given the stellar quality of essays submitted. Directors and students: Keep up the good work!



What Junior Cotillion Means to Me From a NLIC Parent



A wonderful email recently sent to Director, Susan Schlossberg. We love hearing how NLJC has impacted the lives of not only our students but also their parents!

Who knew my 12-year-old son would actually ENJOY putting on a jacket and tie and learning manners? I must admit: Initially, I was worried that Cotillion would mean battles of trying to convince my son to dress up and play nice for a couple of hours, my claims of "this will be fun" just slightly louder than his protests of "but I don't want to."

In reality, what I found was that my son LOVED Cotillion! Dressing up, dancing and eating cookies with friends became "cool" as opposed to just something Mom was making him do. It didn't hurt that manners were being introduced and reinforced: lessons like how to make proper introductions, carry on conversations with adults, write thank-you notes and speak properly over the phone. Learning that etiquette at home is one thing; learning it from a teacher like Mrs. Schlossberg made it more important in my son's eyes. And somewhere along the way he actually started using those manners! I have one son who just completed the program and two high-school sons who serve as assistants. (dress up and dance with pretty girls? You bet!) My fourth son will begin Cotillion in the fall and he needed no convincing from me — his brothers did all the persuading.

My family and I highly recommend the NLJC program.



Convention Kighlights Schedule of Events

Friday, June 24th

1:00 - 4:00 Registration

Check in with NLJC staff and pick up a gift from the corporate office!

1:00 - 4:00 Private Lessons with Terri Besson and Jennifer Phillips

Brush up on your dance skills and have website questions answered during these private lessons.

7:00 Meet and Greet Reception

Saturday, June 25th

8:30 - 12:00

A jam packed day of break out sessions and multiple presentations of new material.

12:00 - 1:45 Instructional Lunch

All directors are invited to an instructional lunch led by a seasoned director

2:00 - 5:00

More break out sessions and continuing education.

7:30 Presidential Awards Banquet

A black tie dinner where awards are presented from the 2014-2015 and 2015 - 2016 season.







Atlanta Local Attractions



The **World of Coca-Cola** is a museum showcasing the history of The Coca-Cola Company that contains a host of entertainment areas and attractions, and is located in Atlanta, Georgia (where the company's headquarters are located) at Pemberton Place (named in honor of John Pemberton, the inventor of Coca-Cola). The 20-acre complex is located across Baker Street from Centennial Olympic Park that is home to the Georgia Aquarium and the Center for Civil & Human Rights. It opened to the public on May 24, 2007, relocating from and replacing the original exhibit.



The **Georgia Aquarium** is a public aquarium in Atlanta, Georgia, USA. It houses thousands of animals, representing several thousand species, all of which reside in 10 million US gallons of marine and salt water, and is the largest aquarium in the western hemisphere. It was the largest aquarium in the world from its opening in 2005 until 2012, when it was surpassed by Marine Life Park in Singapore. Businessman, Bernard Marcus, credits his 60th birthday dinner, held at the Monterey Bay Aquarium, with inspiring him to build a great aquarium for Atlanta; his subsequent \$250 million donation provided the bulk of the money needed to build and stock the new facility. The Aquarium's notable specimens include whale sharks, beluga whales, bottlenose dolphins, and manta rays.



Turner Field is a baseball park located in Atlanta, Georgia. Since 1997, it has served as the home ballpark to the Atlanta Braves of Major League Baseball (MLB). Originally built as Centennial Olympic Stadium in 1996 to serve as the centerpiece of the 1996 Summer Olympics, the stadium was converted into a baseball park to serve as the new home of the team. The Braves moved less than one block from Atlanta–Fulton County Stadium, which served as their home ballpark from 1966 to 1996 (31 years). Opening during the Braves' "division dominance" years, Turner Field has hosted the NLDS a total of 11 times (1997–2005, 2010, 2013); it has also hosted the NLCS four times (1997–1999, 2001), as well as one World Series (1999), one NL Wild Card Game (2012, the first in baseball history), and the 2000 Major League Baseball All-Star Game.



Approved Music

The following songs have recently been added to the approved music list:

Song	Pance
"7 Years"	Refreshments
"Never Forget You"	Refreshments
"Don't Let Me Down"	Foxtrot
"Love Yourself"	Foxtrot
"Company"	Foxtrot
"Sit Still, Look Pretty"	Foxtrot
"Sorry"	Salsa or Samba
"New Romantics"	Swing
"Wild Things"	Cha Cha
	"Never Forget You" "Don't Let Me Down" "Love Yourself" "Company" "Sit Still, Look Pretty" "Sorry" "New Romantics"

Please note what a difficult challenge it is to find pop music with appropriate lyrics. We desire to have both happy students and happy parents! If you hear a song that is popular among students, please email it to cotillions@nljc.com as a song suggestion for review and approval.

Summer Birthdays

June

Sandy Redfern	Little Mountain, SC	06/14			
Heather Sexton	Louisville, KY	06/19		A	
Carolyn Valentine	Gray, KY	06/24	9	Hugust	
Laura Ritch	Decatur, AL	06/25	Arlene Wroblicky	Casselberry, FL	08/01
Melinda Belock	Roswell, GA	06/26	Jan Cohn	Columbia, SC	08/05
Reed Horton	Farmville, VA	06/27	Marilyn Wellington	Alexandria, VA	08/08
Madeline McCrann	Spring, TX	06/28	Kim Smith	Lillington, NC	08/15
	<i>(</i>)		Jen McCrann	The Woodlands, TX	08/17
(1	July		Sara Seiberling	Brentwood, TN	08/21
Jayne Smith	Fort Worth, TX	07/06	Betsy Abbott	Fayetteville, NC	08/22
Bri-Anne Guischard	Philadelphia, PA	07/15	Rosalyn Boyd	Fayetteville, NC	08/22
Arlene Puryear	Leesville, SC	07/15	Joan Freeman	Nieville, FL	08/23
Shannon Babovec	Frisco, TX	07/19	Sherry Kellerman	Cartersville, GA	08/25
Melissa Snowden	Montgomery, AL	07/21	Julie Copeland	Greensboro, NC	08/28
Dakeita Vanderburg -Johnson		07/24	Laura Walsh	Frisco, TX	08/29
Pamela Rodriguez	Culleoka, TN	07/24			
Judy Fields	Columbus, GA	07/31			
Lisa Leymeister	Lewisville, TX	07/31	CHE OF MAN		

Summer Timeline June (5-Class Schedule)

(For Your Business

- Send June press release to local papers
- Pay quarterly taxes

For NLJC Corporate

Send Royalty Report and Student Registration lists to Corporate Office, postmarked by 10th of the month

- Build classes to capacity by phone networking; concentrate on getting equal numbers of boys and girls
- Color and tie all dance cards for upcoming season
- Address all Spring Ball envelopes for upcoming season

July (5-Class Schedule)

For Your Business

Send July press releases to local papers

(For NLJC Corporate

Send Royalty Report and Student Registration lists to Corporate Office, postmarked by 10th of the month

Prepare Ahead

- Build classes to capacity by phone networking
- Send confirmation letters to all facilities with dates and specifications of needs for classes/balls
- Prepare media envelopes for each newspaper for all 12 months
- Type all press releases on computer and leave blanks for pertinent information
- Prepare all props for balls
- Check stationery supplies
- Prepare billing statements for 9/1 to 12/1
- Purchase booklets
- Ensure an equal number of boys and girls in classes

August (5-Class Schedule)

For your Business

- Send August press releases to newspapers
- Have Reminder Cards printed and mailed for Class #1
- Send out Acceptance Cards

(For NLJC Corporate

Send Royalty Report and Student Registration lists to Corporate Office, postmarked by 10th of the month

Prepare Ahead

- Build classes to capacity by phone networking
- Send chaperone list to parents with schedule and statement (note any schedule changes)
- Hold Student Assistant training class
- Write note cards for teaching or update old ones with changes

